

READ ALL ABOUT IT

Pediatric UTIs & Vesicoureteral Reflux (VUR)



Urinary tract infections (UTIs) are common in kids. They happen when bacteria gets into the bladder or kidneys.

There are two types of UTIs:
bladder infection
& **kidney infection**



out of **100**

out of **100**

UTIs happen more often in girls than in boys. As many as 8 in 100 girls and 2 in 100 boys will get UTIs.

During the first few months of life, UTIs are more common in boys than in girls. By age 1, girls are more likely to develop a UTI. Girls continue to have a higher risk throughout childhood and the teen years.

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Signs of UTIs in kids



Complaining of pain, burning or a stinging sensation when urinating



Needing to urinate more often, but only passing a few drops



Fever



Crying when he or she urinates



Trouble controlling urine & having accidents or wetting the bed



Foul-smelling urine that may look cloudy or have blood in it

The only way to **diagnose** a UTI is with a **urine test** & most UTIs are treated with antibiotics.



Common causes of UTIs in children

Blockage in the Urinary Tract

Urine flow may get blocked at places in the urinary tract because of abnormal narrow areas in the urinary tract that prevent the normal flow of urine.

Bladder and Bowel Problems

Bladder and bowel problems are an important and often overlooked factor in the cause of UTIs in kids.

Vesicoureteral Reflux (VUR)

When urine flows backward (reflux) from the bladder up the ureters to the kidneys. This urine may carry bacteria and cause a kidney infection. Many kids with a UTI are found to have it.

VUR can be treated with antibiotics. If more severe, surgery may be needed. The chances of getting VUR go up if the child's parents or siblings have had the condition.